



Natural Skimmed Yoghurt 0% Fat

Central Lechera Asturiana's 0% fat natural yogurt is made with the finest ingredients: skimmed milk, skimmed milk powder and natural lactic cultures. Each 0%-fat yogurt contains just 45 calories, making it the perfect choice for anyone looking for a healthy yet delicious option.

Central Lechera Asturiana skimmed-milk natural yogurt.

Central Lechera Asturiana 0% fat natural yogurts come in 4-tub packs, 125 g each. This format makes them very practical and convenient for eating at home and taking with you on the go. Enjoy the finest flavour of Asturias milk in your yogurt and, if you like, add nuts, fruit or seeds for a delicious breakfast or afternoon snack.

Skimmed **milk**, skimmed **milk** powder, natural lactic ferments (**milk**).



INFORMACIÓN NUTRICIONAL		INFORMACIÓN LOGÍSTICA	
Valor energético	154 kJ / 36 kcal	Unidad de venta	Vasito de 125 g
Grasas Saturadas	0,07 g	Código EAN	8410297231476
Azúcares	4,7 g	Código EAN caja	18410297231473
Proteínas	4,2 g	Unidades por caja	6
Sal	0,1 g	Medidas / caja	5,0Hx18,3Ax36,6L
Calcio	150 mg (18,75% VRN*)		

